



ONE Academy of Dance is taking precautions and following specific procedures designed to help keep our staff and dancers as safe as possible. These are unprecedented times, and while we cannot guarantee your dancer will not get sick, we are implementing the procedures below to greatly reduce that risk. Furthermore, each family must sign and return this page, agreeing to follow the procedures and policies we are putting in place that will help minimize the risk to everyone involved. By signing this form, you are agreeing to abide by the policies and procedures outlined here. If we find new items need to be added you will be contacted via email and have a printed copy sent home with your dancer.

1. If you bring your student to dance you are agreeing that your family has not had exposure to anyone with Covid-19/Coronavirus and that they and no one in your household is showing any signs or symptoms of the virus.
2. If your dancer has symptoms or has been exposed to someone who has Covid-19 symptoms we require a negative test result as well as the currently recommended time for quarantine in consideration of the health and risk to other students, families and staff.
3. Dancers should arrive five minutes before their class. Social distancing (maintaining a distance of 6 feet) is highly recommended. Only dancers should exit the vehicle and line up. The exception is dancers age 7 and under. One adult may wait with them in line until they are admitted to the studio. Our lobby is closed to parents again as we are trying to keep everyone safe. If you have any questions or need assistance please contact Meredith. For questions that aren't time sensitive: [meredith@oneartsaustin.com](mailto:meredith@oneartsaustin.com). For more urgent questions/needs text Meredith: 512-297-9069.
4. **Do not leave until you see that your child has been admitted to the studio.** Before entering the studio, your dancer's temperature will be taken. If they have a temperature of 100.2 degrees or above they will not be allowed to attend class in person.
5. Dancers will be required to wear a mask and use hand sanitizer upon entry to the building.
6. Dancers are encouraged to keep physical distancing of 6 feet while in the studio.
7. We are asking all students and staff to wear face masks while in the studio. We will continue to monitor infection numbers in our area and hope to be able to take them off again soon. We had just started enjoying seeing those beautiful smiles again. Please pray with us for the protection of our community and those around us. It is in times like these that we have an opportunity to be a light in the midst of the storm of fears, anger, frustration etc... Remember each person you meet is made in the image of God and therefore is valuable and important. That they are not your enemy, even if you do not agree with them. They too are a flawed human being with limited perspective, also doing their best and managing their own fears, hurts and insecurities, and do their best for those they love, just as we all are. Be slow to speak, quick to listen, slow to become angry, just as you would want someone to do for you.
8. Dancers should be picked up from their classes promptly at the end of their classes. This is both for their safety and consideration of our staff. Students will not be supervised in the lobby area after their classes as teachers will be teaching other students. Students picked up later than 10 minutes after the last class of the evening will be charged \$25 per 15 min. If an emergency occurs, please notify Meredith as soon as possible: 512-297-9069..
9. Dancers may be asked to use hand sanitizer or go and wash their hands throughout the class as the teacher feels it will be helpful to keeping everyone healthy/safe.
10. We will be taking our bags with us into the studios again for now. We will not be using the cubbies in the hallway to minimize crowding until Covid cases decrease.



#### What dancers need for classes

1. Mask, appropriate dance clothing/class leotard and tights for ballet related classes. Leotard and tights for ballet, pointe & variations classes. Please see our "What to Wear" online for more details.
2. Long hair **MUST** be pulled back and out of the face for all classes. We prefer dancers to wear their hair in a bun to minimize contact. Buns are **REQUIRED** for all ballet related classes.
3. Space in the studios is limited so we are asking dancers to minimize the size of the bag they bring to class. Dancers should have one bag that should have **ONLY** the dance shoes they need, extra leotard & tights just in case, snack, balls/therabands/rolling out devices. Dancers may bring 1 ballet skirt for ballet/variations/pointe classes to be used at the discretion of the teacher. These should be clean for each day of classes. Dancers will keep their bag underneath the barre at their designated barre spot or in the front of the classroom at a designated spot.
4. For all Level 1-7 students: Small foam roller or lacrosse or tennis ball, small balls and theraband (light and medium weight recommended)
5. For **Conditioning & PBT**: Yoga or Pilates mat, Balls & therabands as mentioned above as well as a large Pilates ball (appropriate size for your dancer's height) and fusion ball 6-9 in in size. Additionally a T-shirt to put over their leotard for some conditioning exercises.
6. Water bottle with secure lid. No straws or spouts please. We have wood floors that can be permanently damaged by moisture. Dancers will only be allowed to use the water fountains to refill water bottles and asked to clean them after they fill up. **We will have plastic bottles of water for \$1.**
7. Snack if they are enrolled in 2+ classes.

It is important to understand that the risk that each family faces is not the same. Some families may have family members with asthma or older family members residing in their household. At ONE Academy we treat each other with great consideration and care. In this type of environment, we should think of treating others how we would want to be treated in our most vulnerable state. By following these guidelines and agreeing to the information within this contract, we can do our best to each other healthy and safe and stop the spread of Covid-19/Coronavirus. All of our families deserve that!

I agree to the above policies and procedures. I also agree that my student and family will abide by them so that we can keep everyone healthy and safe. I will notify Meredith immediately of any exposure or contraction of Covid-19 in my household. I will follow the recommended quarantine time as well as obtain a negative test before allowing my dancer to return to the studio.

I understand that ONE Academy cannot guarantee that my child will not contract Covid-19 but recognize they are doing everything in their control to keep my child safe. I therefore release ONE Academy of Dance staff and employees from any responsibility associated with contracting this virus.

**The next page must be completed, signed and emailed to [admin@oneartsaustin.com](mailto:admin@oneartsaustin.com) before your child's first class**



The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing.

ONE Academy of Dance LLC (“the Studio”) has put in place preventative measures to reduce the spread of COVID-19; however, the Studio cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending the Studio could increase your risk and your child(ren)’s risk of contracting COVID-19, just as going to school, stores, doctors offices etc...

By signing this agreement, I acknowledge the contagious nature of COVID-19, and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Studio and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Studio may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Studio employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, or any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at the Studio or participation in Studio programming (“Claims”). On my behalf, and on the behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Studio, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Studio, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Studio program.

While no one can guarantee that they will not contract this virus, I agree that if anyone in my household comes into contact with someone with Covid-19/Coronavirus I will notify Meredith immediately so other families can be contacted and notified of the risk. Additionally, I will not allow my child to attend classes in person at ONE Academy of Dance until the currently recommended quarantine period has passed with no symptoms for anyone in our household including but not limited to my dancer, and proof of a negative test. Please indicate below if you want your dancer(s) to wear a mask while dancing at the studio.

I understand that if my child cannot attend class for any of the classes they are enrolled in at any time and for any reason, Zoom can be made available. Staff will need 24 hour notice if your child would like to attend class via Zoom. Last minute notice may result in not having access to your classes via Zoom.

I understand that ONE Academy of Dance’s program is a school year program that runs from August 17, 2021 June 10, 2022. I understand that once my child is enrolled in classes, a 30 day written notice, via email to Meredith ([meredith@oneartsaustin.com](mailto:meredith@oneartsaustin.com)), is required to be removed from classes in **ALL** circumstances. This is necessary for the consideration of both our staff and other students who have committed to attending the class.

**Signature Page is required be signed and emailed to [admin@oneartsaustin.com](mailto:admin@oneartsaustin.com) before your dancer’s first class.**

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Parent Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Student Signature

Date: \_\_\_\_\_



\*I understand that if my dancer should show any signs of difficulty breathing because of the mask, they will be sent into the hallway by themselves to remove their mask. If we should have multiple dancers with this issue we would take a class trip outside, to remove masks. We will take more frequent water breaks as masks increase perspiration and make it more challenging for athletic activity.

Anything you would for us to know: \_\_\_\_\_

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