



Welcome to ONE Academy of Dance!

We are excited to have you join our dance family! To help you get started, we want to share a little about our school and programs.

ONE Academy of Dance is a pre-professional ballet academy, nestled on the edge of the Hill Country in Oak Hill, Austin, Texas. At ONE Academy of Dance, we foster an environment that focuses on character traits that serve students not only in dance, but in all areas of life: kindness, respect, determination, commitment, perseverance, humility, patience, honesty, love, integrity and joy. We find that this promotes a healthy and effective learning environment where students feel safe to make mistakes and learn from them, learn the value of work ethic, team work, and learn to encourage and enjoy each other's successes. New students and families regularly comment on our welcoming atmosphere not just in our staff, but also our student body.

Teaching Faculty: Our faculty consists of professional dancers and professionally trained teachers. Our ballet staff is trained in anatomy, music theory, dance history and child development and education through the Cecchetti Council of America. For specific bios, please visit our Faculty Page on our website.

Class Size: Classes at ONE Academy are typically smaller than most schools. Smaller classes allow teachers to give more individualized attention to each student's technical and artistic training. Classes in our advanced and pre-professional training programs have limited space and range in size from 4-12 students.

The Cecchetti Method for Teaching Classical Ballet:

The Cecchetti Method is the basis for our ballet training program. Cecchetti training is a rigorous method which pays careful attention to the laws of anatomy. It develops all of the qualities essential to the dancer: balance, poise, strength, elevation, elasticity, "ballon", etc; it is classic in its purity and clear-cut style. Cecchetti is an internationally recognized and respected method for training dancers, used throughout the world in countries such as the United States, Canada, England, Italy, Australia and South Africa.

OUR PROGRAMS:

We offer three levels of programming for students: Open/Children's Division, Advanced Training & Pre-Professional Training.

OPEN & CHILDREN'S DIVISION - Offers classes for beginning level students of all ages.

OPEN Division:

Beginning Ballet for Teens

Beginning Jazz/Contemporary for Teens

Break Dancing

Broadway Tap

CHILDREN'S Division:

*3-5 years - Creative Movement (1 hour/week)

*5-9 years - Primary Ballet & Jazz/Contemporary (1-2 hrs/week)

**Dancers ages 3-6 may participate in smaller roles in our Nutcracker & Spring Production. Dancers ages 6+ may audition for larger parts in the production. Rehearsals for these roles is held on Saturdays.*

ADVANCED Training Division (6+ with teacher evaluation) -

Offers students, whose passion is dance, excellent training in ballet, jazz, modern and pointe as well as performance opportunities in our productions. Dancers will take Studio or Cecchetti exams to advance to the next level of ballet.

PRE-PROFESSIONAL Training Division (8+ with teacher evaluation) -

Offers students whose dream is to become a professional dancer pre-professional level training in ballet, jazz, modern, pointe, variations and character. Dancers will perform in all ONE Ballet Theater Company productions. Dancers will take Cecchetti exams to advance to the next level of ballet. These dancers will also receive career guidance, take master classes and by invitation be invited to compete in Youth America Grand Prix and Cecchetti International Classical Ballet Competitions.

PERFORMANCES:

ALL dancers learn a dance in their classes and are invited to participate in our Christmas and June Community Performances at a nearby assisted living facility.

Nutcracker, Art In Motion & Spring Production - rehearsals for these are scheduled predominately on Saturdays. See our Company Contract for more information.

Dancers ages 3-6 may participate in smaller roles in our Nutcracker & Spring Production. These rehearsals are held on Saturday mornings.

Dancers 6+ may audition to be in Nutcracker, Art in Motion and our Spring Production.

Ballet 1 & 2 - one production is included in the dancer's first semester tuition. Audition and audition fee required.

Ballet 3- one production and Art in Motion is included in the dancer's tuition. Audition and audition fee required.

Ballet 4-7 - all productions are included in the dancer's tuition. Audition and audition fee required.

COMPETITIONS:

ONE Academy does not participate in most dance competitions. For dancers who are pursuing professional careers we do offer the opportunity to do private training with professional coaches to compete in two competitions that will give them exposure to the professional contemporary and ballet world.

Youth America Grand Prix International Competition - Dancers must be enrolled AND attending classes in our Pre-Professional Division and have teacher recommendation to participate. Youth America Grand Prix is a valuable experience for pre-professional dancers. Dancers learn classical variations and contemporary choreography in short private sessions with a professional coach. Dancers will have master classes as well as coaching sessions with guest teachers to prepare for this competition. This process greatly advances the



dancers technical and artistic proficiency as well as gives them a view of the professional ballet world by way of critiques from the panel of judges and master classes at YAGP.

Cecchetti International Classical Ballet Competition America - Dancers must be enrolled AND attending classes in our Pre-Professional Division and have teacher recommendation to participate. The regional, CCA competition will be held in January 2020 in Clinton Township Michigan. Top scholarships will include scholarships to the CICB Australia Competition.

We look forward to have your family and dancer(s) join us. Please let us know how we can help you get settled and get to dancing!

Blessings,

Meredith Dunham

Artistic Director, Cecchetti Ballet, LCCA

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ONE Academy of Dance

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