



ONE Academy of Dance is taking precautions and following specific procedures designed to help keep our staff and dancers as safe as possible as we return to the studio. These are unprecedented times, and while we cannot guarantee your dancer will not get sick, we are implementing the procedures below to greatly reduce that risk. Furthermore, each family must sign and return this page, agreeing to follow the procedures and policies we are putting in place that will help minimize the risk to everyone involved. By signing this form, you are agreeing to abide by the policies and procedures outlined here. If we find new items need to be added you will be contacted via email and have a printed copy sent home with your dancer.

1. If you bring your student to dance you are agreeing that your family has not had exposure to anyone with Covid-19/Coronavirus and that they and no one in your household is showing any signs or symptoms of the virus.
2. Dancers should arrive five minutes before their class. All dancers must remain in their vehicle until 5 minutes before the start of the class. Social distancing (maintaining a distance of 6 feet) even in the parking lot must be strictly maintained. If there is not a spot to stand on available, your dancer should remain in the vehicle until there is an open spot so that they can maintain 6 feet distancing. Only dancers should exit the vehicle and line up. The exception is dancers age 7 and under. One adult may wait with them in line until they are admitted to the studio. Our lobby is closed to parents, so that we may maintain the allowed number of people in the building. If you have any questions or need assistance please contact Meredith. For questions that aren't time sensitive: meredith@oneartsaustin.com. For more urgent questions/needs text Meredith: 512-297-9069
3. Once exiting your vehicle please maintain a distance of 6 feet and line up at the white marks to enter the studio for classes. Inside the studio, the marks are blue so that dancers can maintain distancing.
4. **Do not leave until you see that your child has been admitted to the studio.** Before entering the studio, your dancer's temperature will be taken. If they have a temperature of 100 degrees or above they will not be allowed to attend class in person. Dancers can attend classes via Zoom instead.
5. Dancers will be required to use hand sanitizer upon entry to the building. We ask that your dancer come into the studio wearing shoes that they have not worn in stores etc... Clean shoes from home will help keep the building clean. We also ask that dancers wear a clean pair of tights and leotard to the studio each day.
6. Dancers will go straight to their assigned studio and be put in an assigned place to dance- both at the barre and center. Dancers will be spaced a minimum of 6 feet apart at the barre and 8+ feet in center.
7. Dancers will take their dance bags, shoes and water bottle into class with them. Water bottles must have a secure lid. No cups with straws etc. Dancers will remain in the same studio for all classes. More information about what to bring is below. Teachers will rotate classrooms so dancers can remain in their assigned studio.
8. Dancers will be allowed to go to the bathroom, while maintaining a minimum of 6 feet apart at all times. Only two dancers may be in the "girls" bathroom at a time. Marks in the hallways and bathrooms will help guide them. Only 1 dancer may be in the single bathroom at a time.
9. It is important for the safety of our dancers and minimizing contact that you arrive on time to pick up your dancers after class. Dancers will exit the studio promptly at the end of class so that we can clean and prepare for the next group.
10. When there is a class change there is only a 15 minute time between the classes to allow students to exit, teachers to clean the studio, and for us to admit the next group. This is not a lot of time and our lobby is considered closed so there will be nowhere for them to wait. If something happens and you are



running late, please text Meredith: 512-297-9069. If you do not get a response, as I am teaching and have many responsibilities that can keep me from seeing a text, please call me to let me know.

11. Face masks are REQUIRED for dancers. This is an additional precaution we feel will further help us keep everyone as safe as possible. If a dancers should need to remove their mask to catch their breath we will release them into the hallway. If we have multiple dancers that need to catch their breath we will take a “field trip” outside so everyone can spread out and safely remove their masks. We have had great success with wearing masks while dancing at the studio this summer. Dancers acclimated to thes with no problems.
12. Dancers may be asked to use hand sanitizer or go and wash their hands throughout the class as the teacher feels it will be helpful to keeping everyone healthy/safe.

What dancers need for classes

1. Appropriate dance clothing/class leotard and tights for ballet related classes. Leotard and tights for ballet, pointe & variations classes. Please see our “What to Wear” online for more details.
2. Long hair MUST be pulled back and out of the face for all classes. We prefer dancers to wear their hair in a bun to minimize contact. Buns are REQUIRED for all ballet related classes.
3. Space in the studios is limited so we are asking dancers to minimize the size of the bag they bring to class. Dancers should have one bag that should have ONLY the dance shoes they need, extra leotard & tights just in case, snack, balls/therabands/rolling out devices. Dancers may bring 1 ballet skirt for ballet/variations/pointe classes to be used at the discretion of the teacher. These should be clean for each day of classes. Dancers will keep their bag underneath the barre at their designated barre spot or in the front of the classroom at a designated spot.
4. For all Level 1-7 students: Small foam roller or lacrosse or tennis ball, Theraband
5. Required for level 1-7: Yoga or Pilates mat (ballet, jazz, modern & pointe classes only)
6. T-shirt to put over their leotard for some conditioning exercises. (ballet, jazz, modern & pointe classes only)
7. Hand towel (kept in dance bag) for sweating *Dancers may choose to bring a second hand towel to use to hold the barre if they would like. We will be cleaning the barres between each group that enters the studio, but we want dancers to be as comfortable as possible and enjoy their experience.
8. Water bottle with secure lid. No straws or spouts please. We have wood floors that can be permanently damaged by moisture. Dancers will NOT be allowed to use the water fountains for safety reasons. **We will have plastic bottles of water for \$1.**
9. Snack if they are enrolled in 2+ classes.

It is important to understand that the risk that each family faces is not the same. Some families may have family members with asthma or older family members residing in their household. At ONE Academy we treat each other with great consideration and care. In this type of environment, we should think of treating others how we would want to be treated in our most vulnerable state. By following these guidelines and agreeing to the information within this contract, we can help keep each other healthy and safe and stop the spread of Covid-19/Coronavirus. Our families deserve that!

I agree to the above policies and procedures. I also agree that my student and family will abide by them so that we can keep everyone healthy and safe. I will follow recommended CDC guidelines of wearing masks, cleaning hands, and 6 feet distancing when around people outside of my household to help minimize exposure.



I understand that ONE Academy cannot guarantee that my child will not contract Covid-19/Coronavirus but recognize they are doing everything in their control to keep my child safe. I therefore release ONE Academy of Dance staff and employees from any responsibility associated with contracting this virus. Additionally, my family agrees to practice social distancing, hand washing, wearing of masks in crowded public places etc... to ensure that we are not spreading this virus and opening up our dance family to exposure.

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. ONE Academy of Dance LLC ("the Studio") has put in place preventative measures to reduce the spread of COVID-19; however, the Studio cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending the Studio could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19, and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Studio and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Studio may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Studio employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, or any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the Studio or participation in Studio programming ("Claims"). On my behalf, and on the behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Studio, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Studio, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Studio program.

While no one can guarantee that they will not contract this virus, I agree that if anyone in my household comes into contact with someone with Covid-19/Coronavirus I will notify Meredith immediately so other families can be contacted and notified of the risk. Additionally, I will not allow my child to attend classes in person at ONE Academy of Dance until a period of 14 days has passed with no symptoms for anyone in our household including but not limited to my dancer. Please indicate below if you want your dancer(s) to wear a mask while dancing at the studio.

I understand that if my child cannot attend class for any of the classes they are enrolled in at any time and for any reason, Zoom will be made available. We plan to make class pages with Zoom links for each class. Staff



will need to know with as much advance notice as possible if a student plans to use the Zoom option. Last minute notice may result in not having access to your classes via Zoom.

I understand that ONE Academy of Dance's program is a school year program that runs from August 17, 2020 June 6, 2021. I understand that once my child is enrolled in classes, a 30 day written notice, via email to Meredith (meredith@oneartsaustin.com), is required to be removed from classes in **ALL** circumstances. This is necessary for the consideration of both our staff and other students who have committed to attending the class.?

Parent Signature

Parent Signature

Student Signature

Student Signature

Student Signature

Date: _____

*I understand that if my dancer should show any signs of difficulty breathing because of the mask, they will be sent into the hallway by themselves to remove their mask. If we should have multiple dancers with this issue we would take a class trip outside, with distancing to remove masks.

Anything you would like to request or for us to know: _____
